



INTRODUCING ROUGH RIDERS LACROSSE CLUB

POWERED BY SYNERGY SPORTS
AND THE SPORT STABLE

Where the players come first





Rough Rider Mission

Ride Together - We are united in our pursuit of excellence on and off the field. RoughRiders lacrosse is committed to growing the game of lacrosse by developing the whole athlete, building cohesive teams, and creating a culture where every player thrives, learns, and leads.

R – Resilience

I – Integrity

D – Discipline

E – Excellence

R – Relentless

S – Selfless

WHERE IS ROUGHRIDERS LACROSSE LOCATED?

Based out of the Sport Stable and the town of Superior, RoughRiders lacrosse is the new premier option for new, intermediate, and advanced lacrosse players in Superior, Louisville, Boulder, and surrounding areas.





WHY ROUGHRIDERS?

We develop the full athlete, year round.

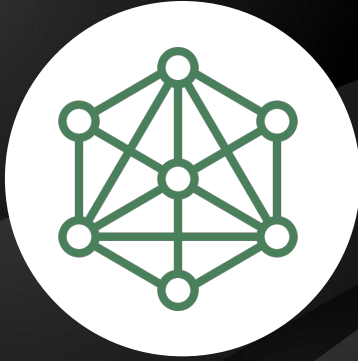
Through our partnership with the Sport Stable and Impact Sports, we're able to offer year-round access to lacrosse training, elite sports performance, and a proven development model that's been battle-tested across lacrosse and a variety of other sports.



WHY ROUGHRIDERS?

**We work with your
future high school
programs**

Our strong relationships with high school coaches across Boulder Valley and the surrounding areas put RoughRiders Lacrosse in a unique and important position to serve as a true feeder program for local high schools and drive much-needed growth of the sport in our region.



WHY ROUGHRIDERS?

**We are connected and
established in the youth
lacrosse ecosystem**

Our partnerships with neighboring clubs Rocky Mountain Rattlers (serving the Adams 12 and St. Vrain school districts), Northern Power (based in Fort Collins, Windsor, and Loveland), create a collaborative ecosystem that benefits every athlete. These relationships allow us to host large-scale events, reduce travel time for league play, and provide a consistent, age-specific developmental model across the region.



WHY ROUGHRIDERS?

**We can take your
game to the next level**

Our connection with Team 91 Northside, the premier travel club in Northern Colorado, gives our top players access to elite-level competition, exposure to top national recruiting events, and pathways to development programs that represent the highest levels of the sport in the country.



WHY ROUGHRIDERS?

**Players First model that
is centralized around
building great people**

At RoughRiders, we pride ourselves on being a welcoming and inclusive program—lacrosse is for every player who wants to learn and grow in the game. But more than that, we believe in using lacrosse as a platform to build character, confidence, and leadership. Through competition, teamwork, and mentorship, we're committed to helping players become not just better athletes, but better people. We will work hard to develop young men and women who carry the values of discipline, accountability, and integrity far beyond the field.



MEET YOUR DIRECTOR

ETHAN LAHODA

"Growing the game is my passion, building great people is my mission."

MEET YOUR DIRECTOR

ETHAN LAHODA



- Founder & CEO of Synergy Sports Operations
- Owner Rocky Mountain Rattlers, Northern Power, LGC Athletics.
- Director of Team 91 Northside Lacrosse
- My Lacrosse Tournaments West Director
- Summit Academy Head of Lacrosse
- New Balance All-America 2027 Coach
- Team 91 National 2029 Head Coach
- Head Coach of Mountain Range Lacrosse, 10 years of high school coaching experience

Coaches

Our coaches include but are not limited to local high school coaches in the area, and other coaches with significant playing and coaching experience. All coaches are personally trained by Coach LaHoda, and will be well versed in our age specific development program and leadership development curriculum.





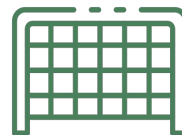
WHY ROUGH RIDERS?



Professional staff



Age Specific
curriculum



Access to the premier
sports facility in Colorado
- the Sport Stable



The Players
come first



WHY ROUGH RIDERS?



A proven blueprint and
commitment to build the
complete athlete



Access to lacrosse for all
ages and experiences



Year Round
Training



WHY ROUGH RIDERS?



Sport Stable
Turf Access



Sports Performance
at Impact Sports



Multi Sport Partnerships
& Opportunities



Summit Academy
Sports